



by Al Speegle, Jr.

Finally! A user-friendly church designed to meet the needs of today's people, and their lifestyles.

McChurch, a place where God has diversified his investment portfolio offering everyone a choice from our many various ministries:

- **Extreme Make Over by God.** Beginners class 2 show everyone the new you!
- Come early and enjoy breakfast with our associate pastor and world renown chef in the character of 'Elvis Priestly' as he presents Biblical truths during a 'personal, made to order' spiritual meal deal in **Jesus the Rock, and the Low Carb Roll.**
- Learn basic Christian principles thru sports. Deacon Bob say's "There's a sermon in bowling, you just gotta know where to look. Hint: It's not in the gutter!" Meets Saturday night (7 p.m.) downstairs in the 20-lane alley.
- Like a faster pace? Meet in the gym with Bro. Tyrone for some three-on-three **Soul-to-Soul Man** basketball.
- **Please note Walkers/Joggers:** Until phase four of the church's capital expansion ends, please use the sidewalk of the three-mile walking tract located *outside* the fenced construction area. You keep telling yourself about needing to trim that flabby, fleshly body, meanwhile you need to work on getting your Spirit as hard as toned, rippled abs too. You only have time to do one or the other. Do both by working out physically and spiritually in our weight room. Concentrate on pressing twice your body weight while contemplating the heavy burden of sin. Then spot with the simple lightness of God's forgiveness. This workout will do a body and spirit good!
- Every Tuesday morning is our woman's Bible study, **Washing of the**

Word with Water Aerobics in our Olympic size baptismal. Child care is provided.

- Starting soon, **High Impact Worship Thru Dance to Praise the Lord!**
- McChurch also offers several support and recovery groups with meetings throughout the week. Sign up for our newest **Chemically Addicted, Overeating, Possessive Co-dependent, Dominating Women Attracted to Obsessive, Type 3 Aggressive, Compulsive, Sex Addicted, Dysfunctional, Workaholic Men That Smoke, Drink, and/or Chew group**. Next class starts in two weeks, and begins again every sixth week.
- Our most popular class is **Life's Challenges**. King David had to deal with his problem of lust. Enoch had behavioral problems with his children. King Solomon had multiple marriages, including spouses of different religious beliefs. Paul did extensive self-analysis. Peter was bi-polar. Sound familiar? Maybe you've been in denial long enough, and it's time to do something about it. Learn how others faced their struggles. Warning: Explicit descriptions of 'life' will be discussed.

'Teaching, Not Preaching!' Experience Biblical parables and stories performed live using multi-media computerized special effects (with lasers, lightshows, and four giant wide screens) in the sanctuary. This Sunday: *The Ten Foolish Virgins Meet the Stepford Wives*.

Don't forget, Wednesday night is karaoke night. The fun begins at seven o'clock! Food and drink will be provided. Pastor Chuck says you'd rather hear him eat than hear him sing. Find out if it's true.

Over 55 years young? The **SUVer's (Spiritual Urban Voyagers)** are making reservations for their yearly trek to Branson, Missouri. Book early or be left behind.

**Remember each Sunday, "Let's Do Church!"
McChurch! Did somebody say "Church?"**
